

FLEXIBLE SIGMOIDOSCOPY

PURCHASE AT PHARMACY:

One (1) bottle Magnesium Citrate and Two (2) Fleet Enemas (over the counter).

ONE (1) DAY BEFORE PROCEDURE

1. The night before the exam, you may have a clear liquid supper.
2. Take one bottle of Magnesium Citrate at 5:00pm the day before the exam.

DAY OF PROCEDURE:

1. The morning of the exam, use 2 Fleet enemas (use one and then repeat).
2. Clear liquids only the morning of the appointment.