

TRILYTE/NULYTELY
(with Flavor Packs)

PURCHASE AT PHARMACY:

4 liter container of Trilyte + Flavor Packs, Reglan (Metoclopramide) 10mg #2 tablets.

ONE (1) DAY BEFORE PROCEDURE

1. CLEAR LIQUID DIET ONLY
2. **4:30pm** - Take Reglan 10mg tablet (to reduce nausea)
3. **5:00pm** - Drink 8 oz. of Laxative (Trilyte) every 10-15 minutes till completed.

(Hint: Keep product chilled in fridge - do NOT add ice to liquid)

4. Reglan 10mg - take 2nd tablet 3-4 hours after 1st one for nausea or bloated feeling if necessary.
5. Okay to ingest clear liquids after laxative is completed.

DAY OF PROCEDURE:

1. No solid food until after the procedure.
2. Clear Liquid Diet until 3 - 4 hours before test.
3. Take AM medications with sufficient liquid. Postpone insulin injections until after the procedure.