

TRILYTE/NULYTELY
LOW VOLUME PREPARATION

PURCHASE AT PHARMACY:

4 Liter container of Trilyte/Nulytely + Flavor Packs,
4 Dulcolax tablets

ONE (1) DAY BEFORE PROCEDURE

1. CLEAR LIQUID DIET ONLY

2. _____ Take 4 (four) Dulcolax tablets.

3. _____ Reconstitute 4 liters of Trilyte/Nulytely per mixing instructions. Drink 8 oz. of Laxative every 10 - 15 minutes. You only need to drink Two (2) liters.

(Hint: Keep product chilled in fridge - do NOT add ice to liquid)

4. Okay to ingest Clear Liquid Diet until bedtime.

DAY OF PROCEDURE:

1. No solid food until after the procedure.

2. NPO (Nothing by mouth after midnight).

or

Clear Liquid Diet until 3 - 4 hours before test.

3. Take AM medications with sufficient liquid. Postpone insulin injections until after the procedure.