

**HALFLYTELY / BISACODYL
BOWEL PREP**

PURCHASE AT PHARMACY:

Halflytely Kit

ONE (1) DAY BEFORE PROCEDURE

1. CLEAR LIQUID DIET ONLY
2. At _____ am/pm Take 1 Bisacodyl tablets orally
3. At _____ am/pm. Begin drinking Halflytely - 8 oz. every 10 - 15 minutes until the bottle is empty. Rapidly drinking a glassful is better than sipping an oz. or two at a time. You will have consumed several glassfuls before having the first loose, watery bowel movement. Initially you may feel slightly bloated, but will become more comfortable as you continue to have bowel movements.
4. **DO NOT EAT** anything until after your examination.
5. NPO (Nothing by mouth after midnight).

DAY OF PROCEDURE:

1. No solid food until after the procedure.
2. Take AM medications with sufficient liquid. Postpone insulin injections until after the procedure.