

# **MOVI - PREP**

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## ***PURCHASE AT PHARMACY:***

Movi Kit

## ***ONE (1) DAY BEFORE PROCEDURE***

1. CLEAR LIQUID DIET ONLY

2. **Beginning at** \_\_\_\_\_

### **Step A - MIX FIRST DOSE**

- Empty 1 Pouch A and 1 Pouch B into the disposable container
- Add lukewarm drinking water to the top line of the container. Mix to dissolve

If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.

### **Step B - DRINK FIRST DOSE**

- The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is consumed.
- Drink 16 oz of clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep.

3. **Beginning at** \_\_\_\_\_

### **Step C - MIX SECOND DOSE**

- Empty 1 Pouch A and 1 Pouch B into the disposable container.
- Add luke warm drinking water to the top line of the container. Mix to dissolve.

If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.

### **Step D - DRINK SECOND DOSE**

- The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is consumed.
- Drink 16 oz of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep.

## ***DAY OF PROCEDURE:***

1. No solid food until after the procedure.
2. Take AM medications with sufficient liquid. Postpone insulin injections until after the procedure.