

MoviPrep Instructions

GENERAL INFORMATION

- Discontinue Iron containing medications 2 DAYS before procedure.
- IMPORTANT INFORMATION ABOUT BLOOD THINNERS: If you are on any of the following drugs you must have permission to stop the drug from the physician who prescribed the drugs.

-Coumadin (Warfarin)- 7 days prior
-Aggrenox- 4 days prior
-Brilanta (Ticagrelor)- 5 days prior
-Xarelto (Rivaroxaban)- 24 hours prior

-Plavix (Clopidogrel)- 5 days prior
-Effient (Prasugrel)- 7 days prior
-Pradaxa (Dabigatran)- 24 hours prior
-Eliquis (Apixaban)-48 hours prior

If you have not been given permission to stop the drug contact our office immediately at 205.271.8000.

- Do not stop aspirin.
- Do not stop non-steroidal anti-inflammatories such as Aleve, Motrin, Mobic, Celebrex, Advil, etc.
- Notify the office if you are being treated with insulin or oral agents for diabetes mellitus. Any other medicines should be taken the morning of the procedure with a small sip of water.
- Tylenol (and other brands of Acetaminophen) is safe to consume before the procedure.
- Notify the office if you have a defibrillator.
- You cannot drive, use a taxi, or a bus after the procedure. You must be accompanied by and driven by a responsible adult. Your driver must remain at the facility during your procedure. You should not plan to work on the day of the procedure.

CLEAR LIQUID DIET (1 Day Before Procedure)

- Does Not include: milk or milk products, solid foods, creamed soups or crackers
- DOES include: beef or chicken broth or bouillon (fat-free), coffee or tea (no cream), Popsicles (no red, orange, or purple), carbonated drinks (Coke, Sprite, etc.), fruit drinks (no pulp, no red, orange, or purple), jello, Gatorade (no red, orange, or purple)

NPO (Nothing by mouth after midnight)

DISCONTINUE LIQUID DIET AT LEAST 3-4 HOURS BEFORE PROCEDURE

MEDICATION ON DAY OF PROCEDURE: Take AM medications with sufficient liquid. Postpone insulin injections until after the procedure. On the day of procedure, bring a list of all medications.

Purchase at Pharmacy:

- MoviPrep Kit (prescription)

One (1) Day Before Procedure:

1. Clear liquid diet only (as soon as you wake up)
2. Beginning at 5:00 pm:
 - Step A-MIX FIRST DOSE
 - Empty 1 Pouch A and 1 Pouch B into the disposable container.
 - Add lukewarm drinking water to the top line of the container. Mix to dissolve.
 - If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.
 - Step B-DRINK FIRST DOSE
 - The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is consumed.
 - Drink 16 oz clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep.

Day of Procedure:**NO GUM OR MINTS AFTER MIDNIGHT**

1. Beginning 5 hours prior to scheduled appointment time and completing 4 hours prior to procedure time:
 - Step C-MIX SECOND DOSE
 - Empty 1 Pouch A and 1 Pouch B into the disposable container. Add lukewarm drinking water to the top line of the container. Mix to dissolve. If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.
 - Step D-DRINK SECOND DOSE
 - The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is consumed. Drink 16 oz of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep. Failure to follow these directions might result in a delay of your procedure or possibly rescheduling of your procedure.
2. No solid food until after the procedure.
3. Take AM medications with sufficient liquid. Postpone insulin injections until after the procedure.

Please contact our office if you have any questions.